

Appetizers

Jumbo shrimp in a golden coconut batter with spicy citrus dipping sauce ... \$10.00

Tender Bahamian spiced conch fritters with calypso cocktail sauce... \$8.00

Spiny lobster satay with hoisin honey glaze and wasabi... \$13.00

Whole onion blossom dipped in batter and cooked until golden... \$10.00

House crusted strips of chicken with Dijon honey mustard dip... \$10.00

Smoked jumbo shrimp with chili lime mayonnaise... \$12.00

Buffalo wings with blue cheese dipping sauce and carrot and celery sticks (Jerk, Hot, Mild, BBQ, grilled, hoisin honey, smoked, or naked)... 6 wings \$7.50 ... 12 wings \$13.50

Grilled quesadilla stuffed with cheddar cheese, chilies, caramelized onions, roasted jalapenos, cilantro, sour cream and house-made salsa... chicken \$12.50, steak \$14.50 or veggie... \$10.50

Crispy seared crab cakes with cucumber slaw and lemon caper drizzle... \$10.00

Chopped creamed spinach dip topped with melted swiss cheese served with tortilla chips... \$11.00

Conch Salad, made to order (when available) ... \$10.00

Cheese fries sprinkled with bacon with a ranch dipping sauce... \$11.00

Ceviche, made to order (when available) ... \$10.00

Soup & Salads

Bahamian Conch Chowder... Bowl \$10.00 or Cup \$6.75

Soup of the day and mixed green salad... \$12.00

Classic Caesar with house made Caesar dressing, parmesan cheese, and toasted croutons... \$12.00

Add chicken... \$15.00 Add shrimp... \$17.00 Add mahi... \$16.75

Grilled Asian salad with sweet 'n' sour dressing, crisp wontons, roasted peppers and charred corn... choice of chicken \$14.00 or Shrimp \$17.00

Mixed green salad with roasted peppers, shredded carrots, and tomatoes and our house-made vinaigrette dressing ... \$10.00

Greek Salad with oregano – lemon vinaigrette, feta cheese, black olives, tomato, onion, and toasted pita bread ... \$15.00 Add chicken... \$16.00 Add mahi... \$17.75

Classic chef salad with bacon, ham, turkey, eggs, tomatoes and cheese... \$16.00

Burgers

Naked Burger... \$12.00

The “Works Burger”

Grilled mushrooms, caramelized onions, American cheddar, Swiss cheese ... \$14.00

Blazin’ Bacon Burger

Crispy bacon, sautéed onions, fried jalapeños, Monterey jack cheese, and b.b.q. sauce... \$14.75

Build your own Burger

Cheeses: Cheddar cheese, Swiss cheese, Monterey jack, Bleu cheese crumbles... \$1.00 each

Sauces: Chipotle Mayo, BBQ Sauce, Calypso Sauce, Ranch Dressing... \$0.50 each

Toppings: Bacon, Avocado, Cole Slaw, Sautéed onions, Sautéed Mushrooms, Jalapeños, Fried Jalapeños, Fried Onion straws... \$1.00 each

All the above burgers are 8oz. USDA Prime Angus beef

Veggie Burger... \$12.00

A juicy house made combo beef and Lamb burger ... \$14.00

Greek Burger

Beef & lamb burger, roasted red pepper, greek relish, black olives, & Feta cheese... \$14.50

All burgers are served on a sesame seed bun with a pickle

Sandwiches and Wraps

Grilled or blackened Mahi- Mahi filet on a sesame seed bun ... \$17.00

Chicken breast grilled or Jerk seasoned with grilled onions, mushrooms and melted Swiss on a sesame seed bun... \$14.75

Breaded buffalo chicken tenders with GP hot sauce and melted cheddar wrapped in a flour tortilla with lettuce and tomato ... \$14.25

Char-broiled chicken and Caesar salad in a flour tortilla wrap with house made Caesar dressing... \$15.00

Island Club with Smoked turkey breast with crispy bacon, smoked ham, tomato, crispy lettuce and cheese on toasted whole wheat bread ... \$15.00

Philly sandwich with caramelized onions, roasted mushrooms and melted Swiss on a sourdough baguette... steak \$15.00....Chicken \$13.50

Conch Po’Boy

A Green Parrot original, cracked conch on a hoagie roll with sautéed onions & green peppers, and

a spicy mayo sauce... \$16.00

Grilled jumbo hotdog on a hoagie roll... \$9.50 add grilled onions and shredded cheese... \$10.75

**All burgers, sandwiches, & wraps come with fries or house side salad
Side caesar...\$3.50**

Entrees

12 oz T-bone steak with a brandied mustard cream and green peppercorns sauce, baked potato and side salad... \$27.00

Catch of the Day, Char-broiled with a lemon butter sauce (grilled, steamed, or blackened) ... \$26.00

Strips of Fish lightly battered and fried golden brown ... \$19.00

Bahamian fried chicken... \$17.50

Lightly battered Bahamian cracked lobster fried golden brown with cocktail sauce... \$28.00

Grilled or Fried Jumbo shrimp ... \$19.75

Grilled 8 ounce lobster tail with a brandied mustard cream and green peppercorns... \$36.75

Smoked Ribs slathered in our homemade tangy b.b.q. sauce served with fries...
Half slab... \$16.75 or whole slab... \$22.00

Conch, shrimp, and lobster with linguine pasta in a basil tomato sauce ... \$24.00

Baked crab Stuffed Shrimp with chives and roasted red pepper sauce... \$23.00

Smoked BBQ chicken... \$19.75

Balsamic mustard glazed salmon with tropical fruit salsa... \$27.00

Steamed Snapper escovitch with tomato, onion, ginger, and scotch bonnet... \$26.00

Bahamian style smothered fish with sweet peppers and onion... \$27.00

Local Tomato braised minced lobster with green pepper and onion... \$25.00

Two grilled 6 oz. pork chops... \$23.00

Jumbo shrimp with linguine pasta in a garlic and parmesan cream sauce... \$21.00

Crispy fried local cracked conch with tartar sauce... \$20.00

Please note we only have a limited amount of smoked food items daily. Check for availability.

(Entrees are served with two sides excluding pasta, ribs, and steak)

Sides

Steamed or Grilled Market Vegetables... \$5.00

House-made Fries... \$4.00

Plain baked potato... \$4.50

Baked Potato with sour cream, bacon bits, cheddar and chives... \$7.25

Coleslaw... \$4.00

Bahamian Macaroni... \$4.00

Plantain -\$4.00

Dessert

House-made Bahamian guava duff with a rum sauce... \$7.00

Carrot cake... \$7.00

Chocolate Cake... \$7.00

Beverages

Wine sold by the bottle

Beer: Kalik, Kalik Light, Miller Lite, Coors light, Bud, Heineken, Bud light, Stella, Corona, Sam Adams, Guinness, Sands, Sands Light, High Rock, Strong Back, Beck's

Draft Beers: Kalik, Heineken, & Sands

Non Alcoholic Beer: O'douls

Wine: Merlot, Chardonnay, White Zinfandel, Pinot Grigio, or Sauvignon Blanc

Mixed Drinks

*We pour only Premium Brands, Top shelf are extra

Frozen Daiquiris Bloody Mary Mudslides

Ice Tea (One Complimentary Refill)

Juice, Sodas, Fruit punch, Lemonade

Cigarettes

www.greenparrotbar.com

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